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DOUGH:
Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, non GMO palm margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk], sodium benzoate [a preservative], citric acid, vitamin A palmitate added and beta carotene [color]), sugar, milk solids (milk protein concentrate, nonfat dry milk, lactose), powdered egg blend (wheat flour, soybean oil, cellulose gum, whole egg solids, lecithin, sodium bicarbonate, salt, annatto and turmeric), yeast, salt, dough conditioner (wheat flour, dextrose, diacetyl tartaric acid esters of mono and diglycerides [DATEM], contains 2% or less of soy oil, ascorbic acid, enzyme).

FILLING:
High fructose corn syrup, water, red raspberries, modified food starch, corn syrup, sugar, sodium benzoate, potassium sorbate (as preservatives), gellan gum, red 40, blue 1, natural and artificial flavor.

FROSTING:
Powdered sugar, water, vegetable oil spread (vegetable oil blend [partially hydrogenated soybean oil and liquid soybean oil], water, salt, whey, vegetable mono and diglycerides, soy lecithin, potassium sorbate and citric acid as preservatives, artificial flavor, colored with beta carotene, vitamin A palmitate added), nonfat dry milk, vanilla.

Contains the following allergens: Wheat, Milk, Soybeans, Eggs.
Allergy Information: Manufactured on equipment that processes products containing nuts.

Nutrition Facts

Serving Size 1/10 Braid (62 grams)
Servings Per Container 10

Amount Per Serving		% Daily Value*	
Calories 170		Calories from Fat 25	
Total Fat 2.5g			4%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 5mg			1%
Sodium 200mg			8%
Total Carbohydrate 32g			11%
Dietary Fiber less than 1g			3%
Sugars 15g			
Protein 3g			
Vitamin A 2%		• Vitamin C 0%	
Calcium 0%		• Iron 6%	

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Leaving out the frosting saves approximately .5g of Fat and 7g of Sugars per serving.



All Braided Bread products are trans-fat free and meet school nutrition laws!



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